

The newsletter of the Michigan Fly Fishing Club

**June 2011** 

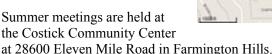
## **Summer's here:** Club meets once a month in June, July and August

We've made the leap to daylight savings time and the Michigan Fly Fishing Club is making its move to its summer meeting schedule -- one meeting per month on the second Wednesday of the month.

Not only does the schedule change, so does the venue.

the Costick Community Center at 28600 Eleven Mile Road in Farmington Hills.

The Club resumes its twice-a-month meeting schedule in September.



### 2011's Volunteer of the Year: Joe Sprys

Past President and Expo Chair Joe Sprys (right) was presented the third annual Howard Geller Volunteer of the Year Award at the Club's annual banquet. Presenting the award were Past President Geller (center) and President Bruce Kramer (left). Photo by Peter Albertson.



#### **UPCOMING EVENTS**



Todd Schotts at last year's GLC-FFF Fly Tying Expo in Mason.

#### June 8

**Speaker Meeting Speaker: Todd Schotts Topic:** Fly Fishing for **Smallmouth Bass** 

Costick Center, Wexford Room, 28600 Eleven Mile Rd., Farmington Hills, 7:30 p.m.

#### July 13

**Speaker Meeting** Speaker: TBA

Topic: TBA

Costick Center, Shannon Room, 28600 Eleven Mile Rd., Farmington Hills, 7:30 p.m.

August 10 **Speaker Meeting** Speaker: TBA

**Topic: TBA** 

Costick Center, Shannon Room, 28600 Eleven Mile Rd., Farmington Hills, 7:30 p.m.



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2011 - 2012 Officers

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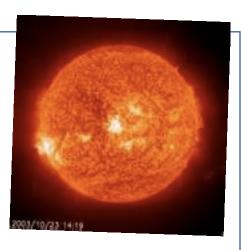
**Eric Center** 248-363-3861

Bruce Strachan 248-661-2508

## Summer's here redux ... Beware the sun!

by Ray Geitka

As anglers, we enjoy the outdoors. As such, we are exposed to the sun in varying degrees ... many degrees for those of us who fish the tropical salt. Personally, I never thought too much about it. Generally, I tan rather than burn. Rarely did I use sunscreen.



Then I had a sore on the back of my hand that didn't heal. I had it removed. The pathology report called it carcinoma, but of a less serious form. Melanoma is the most dangerous form of skin cancer.

Now, I pay attention. SPF this. Sunscreen now. UV that!

SPF (Sun Protection Factor) or UPF (Ultraviolet Protection Factor) are measures of sun exposure protection. The higher the number, the greater the sun protection.

How do we fly fishers protect ourselves from the damaging effects of the sun we love? And remember, UV rays penetrate overcast skies and are reflected by water.

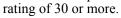
Start with sunscreen on exposed skin. Use a sunscreen with an SPF rating suitable for your type of skin.

Second, wear a hat, particularly if you're someone who's follicly challenged. Ball caps only cover so much. Don't forget your ears and the back of your neck with extended coverings.

Third, protect your face. Consider lip balm, generally SPF 15, for your lips and perhaps your nose, too. Don't forget polarized sunglasses. They protect your eyes, cut the sun's glare and help you spot fish. You may notice some guides using breathable face coverings. You can find them at your favorite fly shops.

Don't forget your hands. Even with long-sleeved shirts, your hands are still exposed. Use "sun gloves." Orvis and Mangrove both offer a line. I should have begun using them years ago.

Your clothing is important, too. Long-sleeved shirts -- sporting the MFFC logo, of course -- and long pants go wthout saying. Typically, shirts and pants have an SPF rating of about 5. We can, and should, look for shirts and pants with an SPF/UV





I've found a product that can enhance the SPF/UV protection of your favorite shirts and pants. It's made by RIT, the dye people! SunGuard by RIT can be found virtually anywhere RIT products are sold. Simply throw your clothes into a washing machine along with a packet of SunGuard. RIT claims it will raise the sun protection factor to a 30.

So before you head out to the river, the lake, or step onto the casting platform of a flats boat, remember to have fun but to use caution in the sun.

# Interested in Fall steelheading? Join the Great Lakes Council FFF at the historic Barothy Lodge

Even though Michigan's trout season has just begun, it's not too early to make plans for Fall steelheading.

If you're an ardent steelheader, you may want to sign up for the Great Lakes Council-Federation of Fly Fishers' fall steelhead outing in October. Tentatively scheduled for October 21-23 at historic Barothy Lodge, reservations and \$75 down-payments are due June 20. The cost for the weekend is \$225.

Barothy Lodge is located just off US 10 between Ludington and Baldwin and has a very interesting history, said outing chair and FFF-GLC Board Member Don Sawyer. "We had been there for Spring and Fall Outings a number of years ago and when I contacted the manager, I found the Barothy group very receptive to have us back."

The lodge is named after a Dr. Barothy who was born and trained in Hungary and, as an adult, lived and practiced medicine in Chicago. In 1889, he purchased 65 acres of land on the Pere Marquette River approximately 25 miles east of the Lake Michigan shoreline. Dr. Barothy had a farmhouse and stable built on this land which had previously been the site of a well known logging camp, Sawyer said.

"Walhalla did not have a formal name back then," Sawyer explained, "but it was called Manistee Junction in order to designate a post office. Local residents referred to the area as Merritt. While the farm building was under construction, mineral springs were found on the South bank of the river. This gave Dr. Barothy the idea to develop a health spa, since spas were very popular at the time. The doctor soon proposed the Native American word of Walhalla, which means 'Haven of Rest.' Over the years, many of his patients came to the spa/lodge and he eventually turned the operation to his two sons Fred and Vic. As time passed, the focus of the lodge changed from a health retreat to recreation -- fishing on the Pere Marquette River being the main attraction. The PM is home to browns and rainbows plus runs of Lake Michigan steelhead and Chinook salmon. Lake-run brown trout also follow the steelhead and salmon up river."

Sawyer continued his impromptu history of the Barothy Lodge: "In 1915, Dr. Barothy had his farmhouse remodeled into the building now known as 'Main Lodge.' It was completed with a large sitting area, fireplace, sleeping rooms, a dining area and kitchen. It was recently remodeled again to include a commercial kitchen, attached conference meeting room where our meals will be served, the same large fireplace and sleeping rooms. The grounds of Barothy Lodge have expanded from its original 65 acres and three buildings to over 300 acres and 15 buildings today. The units range from one to nine bedrooms and most lodges have pool tables and a Jacuzzi. In addition to having the Main Lodge, we also have Whitetail and Eagle Nest. On the grounds, there are seven stocked fishing ponds, Sika deer, many rare birds, turkey, ornamental pheasants, and waterfowl including swans and ornamental ducks. Gotta keep your hands off those feathers! The Pere Marquette River flows through the Barothy property and is a great place to fish."

Sawyer said you can wade the river within easy walking distance from the lodge, rent a canoe, kayak or raft or hire a guide. If you are not familiar with the area, the GLC will provide a host to assist in all aspects of this event.

Registration includes two nights' lodging, six meals, refreshments including beer, wine and fishing updates. Check-in is Friday after 3 p.m. at the Main Lodge with refreshments, relaxing, fly tying and dinner. Activities will resume Saturday morning, lunch for the river or at the lodge, refreshments and auction/raffle, dinner and the evening to relax. Sunday breakfast and lunch for the river or travel will be available. Meals will be provided by PM Catering.

All attendees are requested to bring items with a minimum value of \$15 for the auction/raffle Saturday evening. Because of the active participation of attendees, the raffle has been an outstanding success with great items and there will be at least one graphite fly rod in the raffle. This is also a fund-raising event and proceeds will assist in supporting GLC conservation and education programs.

Reservations will be made on a first-come, first-served basis. Sawyer said, "We need a minimum of 32 registered for the three lodges." Lodge and room choices are provided on the registration form and confirmation will be provided by email. "We have 35 beds reserved for our group and a go – no go decision must be reached by June 24. If we do not have the minimum to make a non-refundable deposit to the Lodge by that date, this event will have to be cancelled," he said.

To hold a slot, a dibs deposit of \$75 is due with the reservation -- complete and return the reservation form on the next page -- or you can make the full payment of \$225. Final payment is due by June 20. Cancellation after this date is not refundable unless the reservation is filled by someone else. For more information, please contact Don Sawyer, dsesi@aol.com at 517-349-0454.







# REGISTRATION FORM GLC-FFF FALL STEELHEAD OUTING

Barothy Lodge, Walhalla, MI October 21 - 23, 2011 \$225

\$75 Dibs deposit due with registration

**Lodging Preference based on availability** 

Loughig I reference based on availability						
Lodge	Twin	Queen	King			
_	(14 beds): 6 room and second floor.	as on 2 <sup>nd</sup> floor: 5 y	with full beds, 1 wi	th a queen; Loft, 8 tv	win beds. Bathroo	ms are located
,	5 beds): 4 rooms e on the upper leve	_		th 2 twin beds, one w	vith 3 twins. Two b	athrooms are
Eagle Nest (	6 beds): 2 rooms e	each with 1 King	Bed; 2 rooms each	with 2 twin beds. O	ne bathroom on e	ach of 3 floors.
Make check	payable to GLC-F.	FF and mail with	this form to:			
Don Sawyer,	GLC Fall Outing,	2031 Tomahawk	Rd, Okemos, MI 4	8864		
NAM	ME					
ADI	DRESS					
CIT	Y			STATE	ZIP	
PHO	ONE	FAX	F	mail		







Past National Champion George Daniel offers members a potpourri of advice

Pennsylvania native and past National Fly Fishing Champion George Daniel offered Michigan Fly Fishing Club members a grab bag of fly tying and casting tips and advice during an afternoon session on the day of the annual MFFC banquet and followed it up with a leisurely tour of fishing some of the Keystone State's small streams. Entitled "The Joy of Fly Fishing," Daniel's banquet presentation was interwoven with useful insights to help fly anglers improve their technique and lessen frustrations associated with spooked fish, fly-eating trees and the inherent challenges of fishing confined spaces. (Photos by Peter Albertson (right) and Mike Matuszewski (left).